

# HOW TO MEASURE - SIZE GUIDE

Product label	XS	S	M	L	XL	2XL	3XL
Chest	32 1/2 - 34"	34 1/2 - 36"	36 1/2 - 39"	39 1/2 - 42 1/2"	43 - 46 1/2"	47 - 51"	51 1/2 - 56"
Waist	27 1/2 - 29"	29 1/2 - 31 1/2"	32 - 34 1/2"	35 - 38"	38 1/2 - 42"	42 1/2 - 47"	47 1/2 - 52"
Hip	32 - 33 1/2"	34 - 36"	36 1/2 - 39"	39 1/2 - 42"	42 1/2 - 45 1/2"	46 - 49"	49 1/2 - 53"
Inseam	32"	32"	32"	32 1/2"	32 1/2"	32 1/2"	32"



Tall sizes:  
for men over 189cm [6'2"] and up  
Short sizes:  
for men up to 175cm [5'9"]

Product label	2XS (00)	XS (0-2)	S (4-6)	M (8-10)	L (12-14)	XL (16-18)	2XL (20)
BUST	28.5 - 29.5"	30 - 32"	32.5 - 34.5"	35 - 37"	37.5 - 40"	40.5 - 43"	43.5 - 46.5"
Waist	22 - 23.5"	24 - 26"	26.5 - 28.5"	29 - 31"	31.5 - 33.5"	34 - 37"	37.5 - 41"
Hip	31.5 - 33"	33.5 - 35.5"	36 - 38"	38.5 - 40.5"	41 - 43"	43.5 - 46"	46.5 - 49"
Inseam	30.5"	31"	31"	31.5"	31.5"	31.5"	32"



Tall sizes:  
for women over 179cm [5'10"] and up  
Petite sizes:  
for women up to 165cm [5'5"]

Product label	XS / 7-8Y	XS / 8-9Y	S / 9-10Y	S / 10-11Y	M / 11-12Y	M / 12-13Y	L / 13-14Y	L / 14-15Y	XL / 15-16Y
HEIGHT	48.5 - 50.5"	51 - 53"	53.5 - 55"	55.5 - 57.5"	58 - 60"	60.5 - 62"	62.5 - 64.5"	65 - 67"	67.5 - 69.5"
Chest	25"	26.5"	28"	29.5"	30.5"	32.5"	34"	35"	36"
Waist	23"	24"	25"	26"	27"	28"	28.5"	29.5"	30"
Hip	27"	28"	29.5"	30.5"	32"	33.5"	35"	36"	37"
Inseam	23.5"	24.5"	25.5"	27"	28"	29"	30"	31"	32.5"



1. Chest/Bust, around the widest part | 2. Waist, around the narrowest part | 3. Hip, around the widest part, keeping the feet close together | 4. Inseam, from the crotch to the floor | 5. Height, from the top of the head to the floor, keeping a straight posture